

Post-Op Instructions for Fillings

Today, your patient had a new filling. This is what they might feel:

- ❖ Hot sensitivity that may last a few days.
- ❖ Cold sensitivity that may last up to 8 weeks, but gradually decreasing in pain during that time period.
- ❖ Sensitivity to chewing that may last up to 8 weeks, but gradually decreasing in pain during that time period.
- ❖ Patient can take over-the-counter pain medicine, such as Advil or Tylenol, as needed for discomfort
- ❖ If patient is numb, please make sure patient doesn't bite on cheek or tongue.

Anytime a filling is placed, there is less natural tooth remaining. With less natural tooth, the tooth is weaker. The filling material is not as strong as tooth structure, therefore is in a weaker state. If the tooth breaks, a new filling may be put in if it will not be too large. However, if it is very large, a crown will be recommended to protect the remaining tooth.

For Emergencies, Call:

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